



H&F Products Inc.
12 Roosevelt Ave.
PO Box 51
Florida NY 10921

Large Egg Roll

LG483

Ingredient list

Egg Roll Wrappers(Bleached Wheat Flour, Water, Corn Starch, Salt, Ascorbic Acid & Citric Acid As Anti-Oxidant, Potassium Sorbate As Preservative, Fd&C Yellow #5 & #6.), Cabbage, Carrots, Celery, Onions, Red Peppers, Soybean Oil, Salt, Soy Grits, Sugar, Garlic Powder, Spices.

Nutrition information

Nutrition Facts	
1 serving per container	
Serving size	1 pc. (85g)
Amount Per Serving	
Calories	150
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol <5mg	1%
Sodium 410mg	18%
Total Carbohydrate 28g	10%
Dietary Fiber 2g	7%
Total Sugars 6g	
Includes <1g Added Sugars	2%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 40mg	4%
Iron 1.7mg	10%
Potassium 130mg	2%
<small>*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.</small>	

Allegan statement

Contains wheat, and soy.

Cooking directions

Preheat oven to 375F, place frozen Eggrolls on baking sheet, bake for 20-25 minutes, for frying, preheat oil to 380F, fry for 2-3 minutes.

Packaging

Each box contains 48 Egg rolls of 3 oz. each, total box weighs 9 lbs.



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Product formulation statement

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Serving Size: 3 oz.

Vegetables

Description of Creditable Ingredients per FBG	Vegetable Subgroup	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Cabbage, fresh, Green, Untrimmed, Whole, raw, shredded vegetable	Other Vegetables	1.42 oz	26.40	16.00 oz	2.34301/4 cups
Total Cups Other Vegetables:	0.6188 cups				

Grains Based on Exhibit A

This product does **Not** meet the Whole Grain Rich criteria.

Description of Creditable Ingredients per Exhibit A	Exhibit A Group (A - I) the Product Belongs To	Portion Size of Product as Purchased (A)	Weight of one ounce equivalent as listed in Exhibit A (B)	Creditable Amount (A / B)
Egg roll skins	Group B	42.00 g	28.00 g	1.5000 oz eq.
Total Grains Based on Exhibit A Creditable Amount:				1.50 oz eq.

I certify that the above information is true and correct and that a **3 oz.** ounce serving of the above product (ready for serving) provides $\frac{1}{2}$ cup of other vegetables, **1.50** oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals

Joel Brach, Quality and Regulatory Manager

Joel Brach

1/14/2020