## Cheese Blintzes

## CB4

## Ingredient list

Milk, Farmers Cheese, Cream Cheese, Flour, Eggs, Sugar, Vanilla Sugar, Salt.

Nutrition information

| Nutrition Facts |  |
| :---: | :---: |
| 4 servings per container |  |
| Serving size 1 blin | 1 blintz (113g) |
| Amount Per Serving Calories | 370 |
|  | \% Daily Value* |
| Total Fat 21 g | 27\% |
| Saturated Fat 6g | 30\% |
| Trans Fat 0g |  |
| Cholesterol 95mg | 32\% |
| Sodium 280 mg | 12\% |
| Total Carbohydrate 36g | $36 \mathrm{~g} \quad 13 \%$ |
| Dietary Fiber 0g | 0\% |
| Total Sugars 26 g |  |
| Includes 20g Added Sugars | Sugars 40\% |
| Protein 9g |  |
| Vitamin D 0.4 mcg | 2\% |
| Calcium 170mg | 15\% |
| Iron 0.5 mg | 4\% |
| Potassium 270mg | 6\% |
| *The \% Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. |  |

Allegan statement
Contains Milk, Eggs. Wheat.

## Cooking directions

Defrost product, just warm and serve.

## Packaging

Each box contains 25 trays of 4 blintzes, net Wt. per box is 25 lbs

H\&F Products Inc.
12 Roosevelt Ave.
PO Box 51
Florida NY 10921

## Product formulation statement

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Serving Size: 4 OZ. (1 Blintz)

## Meat Alternate

| Description of Creditable Ingredients per FBG | Ounce per Raw Portion of Creditable Ingredient (A) | FBG Yield <br> (B) | Purchase <br> Unit (C) | Creditable Amount $(\mathbf{A} \times \mathrm{B} / \mathbf{C})$ |
| :---: | :---: | :---: | :---: | :---: |
| Cheese, Feta, Brie, Camembert, Natural, Cheese | 1.12 oz | 16.00 | 16.00 oz | 1.1200 oz |
| Eggs, Frozen Whole Eggs, Pasteurized, Includes USDA Foods, provides 2 oz meat alternate | 0.91 oz | 9.00 | 16.00 oz | 0.5096 oz |
| Total Meat Alternate Creditable Amount: |  |  |  | 1.6318 oz |

## Grains Based on Grams of Creditable Grains.

This product does not meet the Whole Grain Rich criteria.

| Description of Creditable Grain Ingredient | Exhibit A Group (A - <br> I) the Product <br> Belongs To | Grams of <br> Creditable Grain <br> Ingredient per <br> Portion (A) | Gram Standard of <br> Creditable Grain per <br> oz Equivalent (B) | Creditable Amount <br> (A/B) |  |  |
| :--- | :---: | :---: | ---: | ---: | :---: | :---: |
| Enriched bleached flour | Group A | 16.00 g | 16.00 g | $\mathbf{1 . 0 0 0 0 ~ o z ~ e q . ~}$ |  |  |
| Total Grains Based on Grams of Creditable Grains Creditable Amount: |  |  |  |  |  | $\mathbf{1 . 0 0 ~ o z ~ e q . ~}$ |

I certify that the above information is true and correct and that a $\mathbf{4}$ ounce serving of the above product (ready for serving) provides $\mathbf{1 . 5 0}$ ounces of equivalent meat/meat alternate, $\mathbf{1 . 0 0}$ oz equivalent Grains when prepared according to directions.

I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group $H$ of non-creditable grains may not credit towards the grain requirements for school meals.

Joel Brach, Quality and Regulatory Manager
Soel Brach 5/6/2020

